

Cardinal Hill Rehabilitation Hospital ***Inpatient Brain Injury Program - 2014***

Cardinal Hill Rehabilitation Hospital's Brain Injury Program, established in 1981, serves patients of all ages who have experienced trauma, vascular injury or infectious disease of the brain, resulting in mild to severe cognitive and physical deficits. The Brain Injury Team's goal is to help each patient reach his/her highest potential.

Inpatient Brain Injury patients-2014: 231

Ages of our Brain Injury patients:

16 years and under:	6.5%
17 to 34 years:	22.5%
35 to 49 years:	17.3%
50 to 64 years:	18.2%
65 years and older	35.5%

The Rehabilitative Environment

The Brain Injury Program offers comprehensive services on a secure unit where patients can be closely monitored while being given as much freedom of movement as possible. Therapy gyms, a lounge and a dining room are all located within the unit, and the nursing station is centrally located. We are able to accommodate individuals from early childhood to late adulthood. Special arrangements can be made for parents to stay with their young children.

Integrated Services Offered

In order to provide continuity of care for our patients, we continue to work with the team of physicians from acute care during the rehabilitative phase. The plan of rehabilitative care may include any or all of the following services:

- Tracheotomy & respiratory care
- Tube feeding
- Wound care
- Cognitive retraining
- Orientation groups
- Swallowing evaluation & retraining
- Bladder & bowel retraining
- Adjustment counseling
- Diet & medication teaching
- Community re-entry activities
- Support & education groups
- Equipment evaluation
- Evaluation of home environment
- Aquatic therapy
- Vocational Evaluation
- Early childhood education consultations

Personalized Care

The patient and his/her family are truly the focus and each patient receives a personalized rehabilitation plan. The transdisciplinary team works with the patient and family to focus on realistic and achievable goals. These goals are continually re-evaluated as the patient progresses toward greater awareness and independence.

A transdisciplinary approach to care ensures that the patient's progress is as smooth as possible. Team members are educated in pediatric and adult care.

In addition to the patient and family team members may include the following:

- Pharmacist
- Physiatrist (Physician specializing in Rehabilitation Medicine)
- Rehabilitation Nurse
- Speech-Language Pathologists
- Physical & Occupational Therapists
- Case Manager/Social Worker
- Dietitian
- Psychologist
- Respiratory Therapists
- Certified School Teacher
- Chaplain

Appropriate medical consultations are provided as needed.

Intensity of Services

A rehabilitation physician is available 24 hours a day and attends to each patient daily. Rehabilitation nurses are available 24 hours a day.

Unless there are medical problems, patients receive three hours of therapy a day, Monday through Friday; with additional therapy on the weekend, when indicated.

Length of Program

The average patient stay is 19 days, however the length varies depending on the patient's needs.

Family Involvement

Cardinal Hill believes that family support is a key ingredient to a successful rehabilitation experience following Brain Injury. We encourage the family to be active participants in the patient's program as he/she works to achieve functional goals. Our staff helps the family and the patient make realistic preparations for home and community reentry, incorporating family teaching, individual counseling and support groups into the program.

Follow-Up Services

Our commitment to the patient and their family extends beyond discharge from the inpatient program. The patient's local and referring physicians receive copies of the Discharge Summary. Based on medical necessity, outpatient services may begin immediately after discharge. These may include an intensive Day Program, selected therapy services or vocational evaluation. We also work with children, parents, and their local school for reentry into the school setting. Referral to services closer to home may be made for the patient's convenience. Follow-up visits with the Cardinal Hill physician in the Outpatient Clinic are also scheduled.

For More Information

For more information about Cardinal Hill's Brain Injury Program or to make a referral, call (800) 843-1408 or (859) 367-7120.

**Cardinal Hill Rehabilitation Hospital
Inpatient Brain Injury Program - 2014**

